

# The Veterans Metrics Initiative

Wave 1 Program Common Components for the <u>Social Relationships</u>
Domain, October 2017 Components List 1E



#### **BACKGROUND**

- Wave 1 participants nominated social relationship programs they used since discharge from the military or deactivation from Active Duty. 12% reported using a program in the social domain.
- Programs with verified URLs (n=258) and nominated by three or more Veterans were coded in Summer 2017 using the common components analysis technique.
  - Of the 258 programs coded, 14 programs were in the social relationships domain.
  - Information presented below reflects the proportion of programs with each component.

## CONTENT COMPONENTS

Content components assess what a program teaches or what information it provides.

- Community engagement event 36%
- Leadership and team communication skills - 29%
- Creating and affiliating with a group 21%
- Volunteering 14%
- Religious activity 14%
- Family reintegration post-combat 7%





### PROCESS COMPONENTS

Process components assess how a program conveys information or teaches skills.

- Socializing casually: 7-36% of content
- Reading online: 0-21% of content
- Direct instruction: 0-21% of content
- Mentors or coaches: 0-14% of content
- Outdoor activity: 0-7%
- Networking group: 0-7% of content

## BARRIER REDUCTION COMPONENTS

Barrier reduction components assess whether the program provides tangible supports or reduces barriers to accessing the program.

#### Components for increasing access:

- · Lodging provided 29%
- Reduced or covered fees 14%
- Transportation to the program 14%
- Childcare provided 14%
- Addressed lack of motivation 7%

#### Components providing tangible supports:

- Scholarship for education 21%
- Cash (non-tuition support) 21%
- Clothes or other physical objects 21%
- Entertainment admission 14%
- Discounted pricing for members 14%





# SUSTAINABILITY COMPONENTS

Sustainability components assess how a program keeps participants engaged once formal programming has ended.

- Merchandising 71%
- Ongoing peer support 36%
- Participant awards 29%

- Ongoing coaching -14%
- Referrals 14%
- Alumni organization 14%