



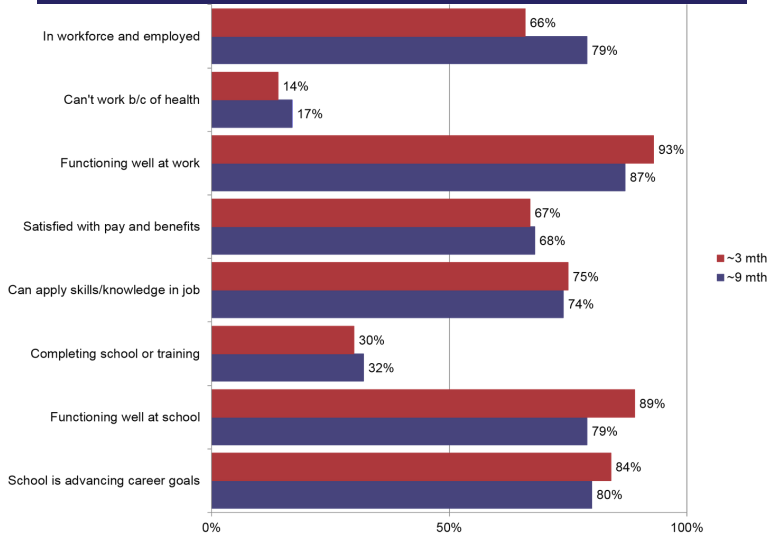
THE VETERANS METRICS INITIATIVE (TVMI)

YEAR ONE WELL-BEING SNAPSHOT:

Data collected from study participants 0-9 months post separation

Issue 9

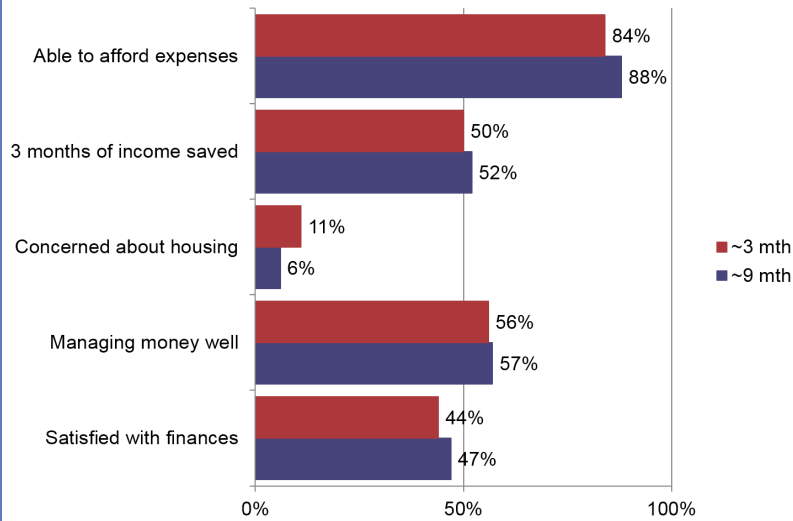
VOCATION



- Most Veterans are employed at 0-3 months post-separation, and this proportion continues to increase.
- Most report functioning well at work and are satisfied with their ability to apply skills and knowledge in their job.
- About 1/3 are in school, and most report functioning well despite a slight decline over time.



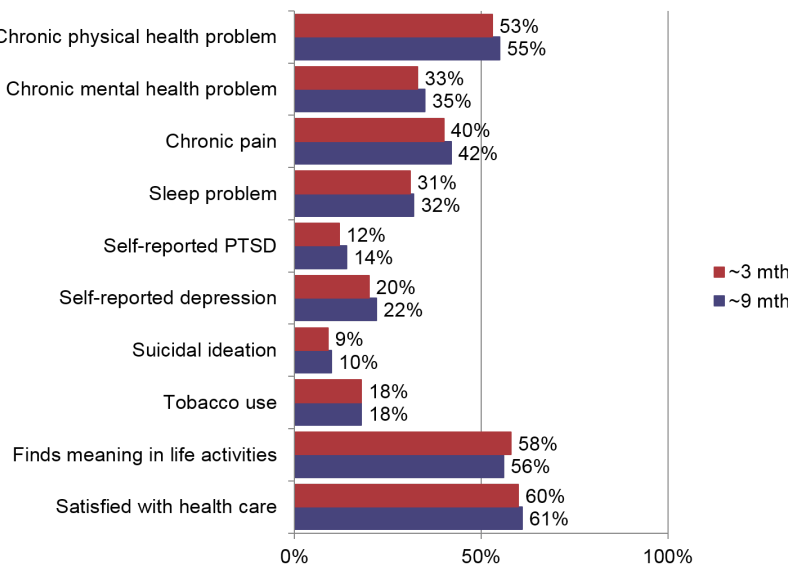
FINANCES



- Most Veterans can pay for expenses.
- About half have little financial cushion and are not managing their money well.
- Less than half are satisfied with their financial situation, and this has increased over time.



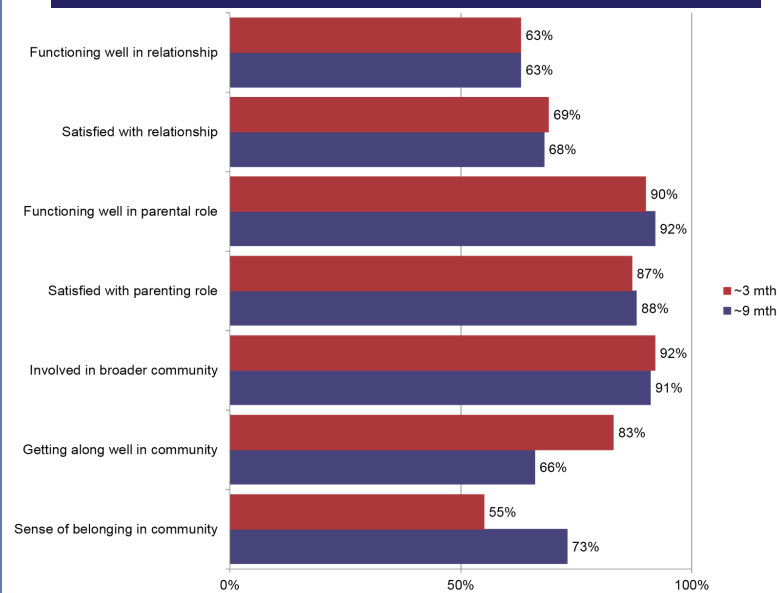
HEALTH



- Health problems, mental and especially physical, are relatively common among newly separated Veterans.
- Chronic pain and sleep problems are the most commonly reported health concerns.
- There is little change in health over the first year.



SOCIAL RELATIONSHIPS



- Most Veterans report high levels of social involvement.
- Among partnered Veterans (81%) and parents (55%), most individuals report functioning well and being satisfied with these relationships.
- There is an increase in sense of belonging in the community, but more perceived conflict over time.

